



National Tracking Poll #190533
May 17-19, 2019

Crosstabulation Results

Methodology:

This poll was conducted between May 17-May 19, 2019 among a national sample of 2201 Adults. The interviews were conducted online and the data were weighted to approximate a target sample of Adults based on age, educational attainment, gender, race, and region. Results from the full survey have a margin of error of plus or minus 2 percentage points.

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Crosstabulation Results by Respondent Demographics

Table RES1: *Did you make a 2019 New Year's resolution?*

Demographic	Yes		No		Total N
Adults	32%	(705)	68%	(1496)	2201
Gender: Male	32%	(336)	68%	(726)	1062
Gender: Female	32%	(369)	68%	(770)	1139
Age: 18-29	51%	(235)	49%	(227)	462
Age: 30-44	38%	(208)	62%	(343)	551
Age: 45-54	28%	(98)	72%	(253)	351
Age: 55-64	24%	(97)	76%	(303)	400
Age: 65+	15%	(67)	85%	(370)	436
Generation Z: 18-22	49%	(95)	51%	(100)	195
Millennial: Age 23-38	45%	(271)	55%	(336)	607
Generation X: Age 39-54	31%	(175)	69%	(388)	563
Boomers: Age 55-73	20%	(146)	80%	(591)	737
PID: Dem (no lean)	33%	(283)	67%	(564)	847
PID: Ind (no lean)	31%	(225)	69%	(496)	721
PID: Rep (no lean)	31%	(197)	69%	(436)	634
PID/Gender: Dem Men	33%	(128)	67%	(260)	388
PID/Gender: Dem Women	34%	(155)	66%	(304)	459
PID/Gender: Ind Men	29%	(103)	71%	(257)	359
PID/Gender: Ind Women	34%	(122)	66%	(239)	361
PID/Gender: Rep Men	33%	(105)	67%	(210)	315
PID/Gender: Rep Women	29%	(92)	71%	(227)	319
Ideo: Liberal (1-3)	37%	(285)	63%	(490)	776
Ideo: Moderate (4)	32%	(165)	68%	(351)	515
Ideo: Conservative (5-7)	29%	(196)	71%	(486)	682
Educ: < College	32%	(486)	68%	(1027)	1513
Educ: Bachelors degree	30%	(134)	70%	(310)	444
Educ: Post-grad	35%	(85)	65%	(159)	244

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Table RES1: Did you make a 2019 New Year's resolution?

Demographic	Yes	No	Total N
Adults	32% (705)	68% (1496)	2201
Income: Under 50k	32% (436)	68% (938)	1374
Income: 50k-100k	32% (181)	68% (386)	567
Income: 100k+	34% (87)	66% (173)	260
Ethnicity: White	31% (529)	69% (1193)	1723
Ethnicity: Hispanic	41% (144)	59% (205)	350
Ethnicity: Afr. Am.	36% (99)	64% (176)	274
Ethnicity: Other	38% (77)	62% (127)	204
Relig: Protestant	23% (110)	77% (362)	471
Relig: Roman Catholic	37% (155)	63% (269)	423
Relig: Ath./Agn./None	32% (233)	68% (498)	731
Relig: Something Else	37% (114)	63% (193)	307
Relig: Evangelical	31% (181)	69% (399)	580
Relig: Non-Evang. Catholics	30% (177)	70% (406)	583
Relig: All Christian	31% (358)	69% (805)	1163
Relig: All Non-Christian	33% (347)	67% (691)	1038
Community: Urban	40% (228)	60% (344)	572
Community: Suburban	30% (307)	70% (728)	1034
Community: Rural	29% (170)	71% (425)	595
Employ: Private Sector	36% (215)	64% (381)	596
Employ: Government	41% (49)	59% (70)	120
Employ: Self-Employed	39% (72)	61% (114)	187
Employ: Homemaker	40% (65)	60% (98)	163
Employ: Student	61% (60)	39% (38)	98
Employ: Retired	17% (90)	83% (436)	527
Employ: Unemployed	30% (89)	70% (212)	300
Employ: Other	31% (64)	69% (146)	210
Military HH: Yes	28% (104)	72% (265)	369
Military HH: No	33% (601)	67% (1231)	1832
RD/WT: Right Direction	31% (243)	69% (535)	778
RD/WT: Wrong Track	32% (462)	68% (961)	1423
Trump Job Approve	30% (240)	70% (568)	808
Trump Job Disapprove	34% (432)	66% (841)	1273

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Table RES1: Did you make a 2019 New Year's resolution?

Demographic	Yes	No	Total N
Adults	32% (705)	68% (1496)	2201
Trump Job Strongly Approve	31% (140)	69% (313)	453
Trump Job Somewhat Approve	28% (99)	72% (256)	355
Trump Job Somewhat Disapprove	35% (107)	65% (196)	303
Trump Job Strongly Disapprove	33% (325)	67% (645)	970
Favorable of Trump	31% (251)	69% (566)	817
Unfavorable of Trump	33% (418)	67% (836)	1254
Very Favorable of Trump	32% (153)	68% (323)	475
Somewhat Favorable of Trump	29% (98)	71% (243)	342
Somewhat Unfavorable of Trump	28% (57)	72% (147)	204
Very Unfavorable of Trump	34% (361)	66% (688)	1049
#1 Issue: Economy	39% (199)	61% (305)	505
#1 Issue: Security	28% (111)	72% (280)	391
#1 Issue: Health Care	30% (117)	70% (275)	392
#1 Issue: Medicare / Social Security	22% (77)	78% (274)	351
#1 Issue: Women's Issues	39% (80)	61% (127)	207
#1 Issue: Education	41% (59)	59% (85)	144
#1 Issue: Energy	39% (39)	61% (60)	98
#1 Issue: Other	21% (24)	79% (89)	113
2018 House Vote: Democrat	34% (291)	66% (554)	846
2018 House Vote: Republican	30% (184)	70% (425)	609
2018 House Vote: Someone else	35% (33)	65% (60)	93
2018 House Vote: Didn't Vote	30% (197)	70% (452)	648
2016 Vote: Hillary Clinton	34% (242)	66% (479)	721
2016 Vote: Donald Trump	28% (176)	72% (448)	624
2016 Vote: Someone else	25% (39)	75% (119)	158
2016 Vote: Didn't Vote	36% (248)	64% (448)	696
Voted in 2014: Yes	29% (389)	71% (938)	1327
Voted in 2014: No	36% (316)	64% (558)	874
2012 Vote: Barack Obama	32% (283)	68% (595)	878
2012 Vote: Mitt Romney	24% (114)	76% (366)	480
2012 Vote: Other	26% (23)	74% (65)	88
2012 Vote: Didn't Vote	38% (283)	62% (465)	748

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Table RES1: *Did you make a 2019 New Year's resolution?*

Demographic	Yes		No		Total N
Adults	32%	(705)	68%	(1496)	2201
4-Region: Northeast	33%	(129)	67%	(265)	394
4-Region: Midwest	32%	(149)	68%	(314)	462
4-Region: South	32%	(267)	68%	(557)	825
4-Region: West	31%	(160)	69%	(361)	520

Note: Row proportions may total to larger than one-hundred percent due to rounding. For more information visit MorningConsultIntelligence.com.

Table RES2: *When it comes to your 2019 New Year's resolution, have you kept or broken it?*

Demographic	I have kept it		I have broken it		Total N
Adults	65%	(459)	35%	(246)	705
Gender: Male	67%	(227)	33%	(110)	336
Gender: Female	63%	(232)	37%	(137)	369
Age: 18-29	67%	(158)	33%	(77)	235
Age: 30-44	60%	(126)	40%	(82)	208
Age: 45-54	61%	(60)	39%	(38)	98
Age: 55-64	78%	(75)	22%	(22)	97
Age: 65+	60%	(40)	40%	(27)	67
Generation Z: 18-22	67%	(64)	33%	(31)	95
Millennial: Age 23-38	64%	(173)	36%	(98)	271
Generation X: Age 39-54	61%	(106)	39%	(69)	175
Boomers: Age 55-73	71%	(103)	29%	(43)	146
PID: Dem (no lean)	67%	(190)	33%	(93)	283
PID: Ind (no lean)	63%	(141)	37%	(84)	225
PID: Rep (no lean)	65%	(128)	35%	(69)	197
PID/Gender: Dem Men	71%	(92)	29%	(37)	128
PID/Gender: Dem Women	64%	(98)	36%	(56)	155
PID/Gender: Ind Men	62%	(63)	38%	(39)	103
PID/Gender: Ind Women	64%	(78)	36%	(44)	122
PID/Gender: Rep Men	68%	(72)	32%	(33)	105
PID/Gender: Rep Women	61%	(56)	39%	(36)	92
Ideo: Liberal (1-3)	70%	(199)	30%	(86)	285
Ideo: Moderate (4)	66%	(108)	34%	(57)	165
Ideo: Conservative (5-7)	60%	(118)	40%	(77)	196
Educ: < College	63%	(307)	37%	(178)	486
Educ: Bachelors degree	70%	(93)	30%	(40)	134
Educ: Post-grad	68%	(58)	32%	(27)	85
Income: Under 50k	64%	(280)	36%	(156)	436
Income: 50k-100k	66%	(120)	34%	(61)	181
Income: 100k+	67%	(59)	33%	(29)	87

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Table RES2: *When it comes to your 2019 New Year's resolution, have you kept or broken it?*

Demographic	I have kept it		I have broken it		Total N
Adults	65%	(459)	35%	(246)	705
Ethnicity: White	64%	(341)	36%	(188)	529
Ethnicity: Hispanic	74%	(107)	26%	(38)	144
Ethnicity: Afr. Am.	64%	(63)	36%	(35)	99
Ethnicity: Other	71%	(55)	29%	(23)	77
Relig: Protestant	63%	(69)	37%	(41)	110
Relig: Roman Catholic	57%	(89)	43%	(66)	155
Relig: Ath./Agn./None	66%	(154)	34%	(79)	233
Relig: Something Else	77%	(88)	23%	(26)	114
Relig: Evangelical	66%	(119)	34%	(62)	181
Relig: Non-Evang. Catholics	56%	(98)	44%	(79)	177
Relig: All Christian	61%	(217)	39%	(141)	358
Relig: All Non-Christian	70%	(242)	30%	(105)	347
Community: Urban	69%	(157)	31%	(71)	228
Community: Suburban	68%	(207)	32%	(100)	307
Community: Rural	56%	(95)	44%	(75)	170
Employ: Private Sector	63%	(135)	37%	(79)	215
Employ: Self-Employed	75%	(54)	25%	(18)	72
Employ: Homemaker	69%	(45)	31%	(20)	65
Employ: Student	66%	(40)	34%	(20)	60
Employ: Retired	70%	(63)	30%	(27)	90
Employ: Unemployed	56%	(50)	44%	(39)	89
Employ: Other	60%	(38)	40%	(26)	64
Military HH: Yes	76%	(79)	24%	(25)	104
Military HH: No	63%	(380)	37%	(221)	601
RD/WT: Right Direction	65%	(159)	35%	(84)	243
RD/WT: Wrong Track	65%	(300)	35%	(162)	462
Trump Job Approve	66%	(159)	34%	(81)	240
Trump Job Disapprove	65%	(280)	35%	(152)	432
Trump Job Strongly Approve	71%	(99)	29%	(41)	140
Trump Job Somewhat Approve	60%	(59)	40%	(40)	99
Trump Job Somewhat Disapprove	63%	(68)	37%	(40)	107
Trump Job Strongly Disapprove	65%	(212)	35%	(112)	325

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Table RES2: *When it comes to your 2019 New Year's resolution, have you kept or broken it?*

Demographic	I have kept it		I have broken it		Total N
Adults	65%	(459)	35%	(246)	705
Favorable of Trump	63%	(159)	37%	(92)	251
Unfavorable of Trump	66%	(278)	34%	(140)	418
Very Favorable of Trump	68%	(105)	32%	(48)	153
Somewhat Favorable of Trump	56%	(55)	44%	(44)	98
Somewhat Unfavorable of Trump	67%	(38)	33%	(19)	57
Very Unfavorable of Trump	66%	(240)	34%	(121)	361
#1 Issue: Economy	67%	(133)	33%	(66)	199
#1 Issue: Security	60%	(66)	40%	(45)	111
#1 Issue: Health Care	71%	(83)	29%	(34)	117
#1 Issue: Medicare / Social Security	60%	(46)	40%	(31)	77
#1 Issue: Women's Issues	64%	(51)	36%	(29)	80
#1 Issue: Education	67%	(39)	33%	(20)	59
2018 House Vote: Democrat	68%	(199)	32%	(92)	291
2018 House Vote: Republican	60%	(110)	40%	(74)	184
2018 House Vote: Didnt Vote	64%	(126)	36%	(71)	197
2016 Vote: Hillary Clinton	68%	(165)	32%	(78)	242
2016 Vote: Donald Trump	65%	(114)	35%	(61)	176
2016 Vote: Didnt Vote	63%	(156)	37%	(92)	248
Voted in 2014: Yes	67%	(260)	33%	(129)	389
Voted in 2014: No	63%	(199)	37%	(117)	316
2012 Vote: Barack Obama	67%	(189)	33%	(94)	283
2012 Vote: Mitt Romney	63%	(72)	37%	(42)	114
2012 Vote: Didn't Vote	64%	(180)	36%	(103)	283
4-Region: Northeast	68%	(87)	32%	(42)	129
4-Region: Midwest	60%	(90)	40%	(59)	149
4-Region: South	64%	(171)	36%	(97)	267
4-Region: West	70%	(111)	30%	(48)	160

Note: Row proportions may total to larger than one-hundred percent due to rounding. For more information visit MorningConsultIntelligence.com.

Respondent Demographics Summary

Summary Statistics of Survey Respondent Demographics

Demographic	Group	Frequency	Percentage
xdemAll	Adults	2201	100%
xdemGender	Gender: Male	1062	48%
	Gender: Female	1139	52%
	N	2201	
age5	Age: 18-29	462	21%
	Age: 30-44	551	25%
	Age: 45-54	351	16%
	Age: 55-64	400	18%
	Age: 65+	436	20%
	N	2201	
demAgeGeneration	Generation Z: 18-22	195	9%
	Millennial: Age 23-38	607	28%
	Generation X: Age 39-54	563	26%
	Boomers: Age 55-73	737	33%
	N	2102	
xpid3	PID: Dem (no lean)	847	38%
	PID: Ind (no lean)	721	33%
	PID: Rep (no lean)	634	29%
	N	2201	
xpidGender	PID/Gender: Dem Men	388	18%
	PID/Gender: Dem Women	459	21%
	PID/Gender: Ind Men	359	16%
	PID/Gender: Ind Women	361	16%
	PID/Gender: Rep Men	315	14%
	PID/Gender: Rep Women	319	14%
	N	2201	
xdemIdeo3	Ideo: Liberal (1-3)	776	35%
	Ideo: Moderate (4)	515	23%
	Ideo: Conservative (5-7)	682	31%
	N	1973	
xeduc3	Educ: < College	1513	69%
	Educ: Bachelors degree	444	20%
	Educ: Post-grad	244	11%
	N	2201	

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Summary Statistics of Survey Respondent Demographics

Demographic	Group	Frequency	Percentage
xdemInc3	Income: Under 50k	1374	62%
	Income: 50k-100k	567	26%
	Income: 100k+	260	12%
	N	2201	
xdemWhite	Ethnicity: White	1723	78%
xdemHispBin	Ethnicity: Hispanic	350	16%
demBlackBin	Ethnicity: Afr. Am.	274	12%
demRaceOther	Ethnicity: Other	204	9%
xrelNet	Relig: Protestant	471	21%
	Relig: Roman Catholic	423	19%
	Relig: Ath./Agn./None	731	33%
	Relig: Something Else	307	14%
	N	1932	
xreligion1	Relig: Jewish	36	2%
xreligion2	Relig: Evangelical	580	26%
	Relig: Non-Evang. Catholics	583	26%
	N	1163	
xreligion3	Relig: All Christian	1163	53%
	Relig: All Non-Christian	1038	47%
	N	2201	
xdemUsr	Community: Urban	572	26%
	Community: Suburban	1034	47%
	Community: Rural	595	27%
	N	2201	
xdemEmploy	Employ: Private Sector	596	27%
	Employ: Government	120	5%
	Employ: Self-Employed	187	8%
	Employ: Homemaker	163	7%
	Employ: Student	98	4%
	Employ: Retired	527	24%
	Employ: Unemployed	300	14%
	Employ: Other	210	10%
	N	2201	
xdemMilHH1	Military HH: Yes	369	17%
	Military HH: No	1832	83%
	N	2201	

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Summary Statistics of Survey Respondent Demographics

Demographic	Group	Frequency	Percentage
xnr1	RD/WT: Right Direction	778	35%
	RD/WT: Wrong Track	1423	65%
	N	2201	
Trump_Approve	Trump Job Approve	808	37%
	Trump Job Disapprove	1273	58%
	N	2081	
Trump_Approve2	Trump Job Strongly Approve	453	21%
	Trump Job Somewhat Approve	355	16%
	Trump Job Somewhat Disapprove	303	14%
	Trump Job Strongly Disapprove	970	44%
	N	2081	
Trump_Fav	Favorable of Trump	817	37%
	Unfavorable of Trump	1254	57%
	N	2071	
Trump_Fav_FULL	Very Favorable of Trump	475	22%
	Somewhat Favorable of Trump	342	16%
	Somewhat Unfavorable of Trump	204	9%
	Very Unfavorable of Trump	1049	48%
	N	2071	
xnr3	#1 Issue: Economy	505	23%
	#1 Issue: Security	391	18%
	#1 Issue: Health Care	392	18%
	#1 Issue: Medicare / Social Security	351	16%
	#1 Issue: Women's Issues	207	9%
	#1 Issue: Education	144	7%
	#1 Issue: Energy	98	4%
	#1 Issue: Other	113	5%
	N	2201	
xsubVote18O	2018 House Vote: Democrat	846	38%
	2018 House Vote: Republican	609	28%
	2018 House Vote: Someone else	93	4%
	2018 House Vote: Didnt Vote	648	29%
	N	2196	
xsubVote16O	2016 Vote: Hillary Clinton	721	33%
	2016 Vote: Donald Trump	624	28%
	2016 Vote: Someone else	158	7%
	2016 Vote: Didnt Vote	696	32%
	N	2199	

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Summary Statistics of Survey Respondent Demographics

Demographic	Group	Frequency	Percentage
xsubVote14O	Voted in 2014: Yes	1327	60%
	Voted in 2014: No	874	40%
	N	2201	
xsubVote12O	2012 Vote: Barack Obama	878	40%
	2012 Vote: Mitt Romney	480	22%
	2012 Vote: Other	88	4%
	2012 Vote: Didn't Vote	748	34%
	N	2194	
xreg4	4-Region: Northeast	394	18%
	4-Region: Midwest	462	21%
	4-Region: South	825	37%
	4-Region: West	520	24%
	N	2201	

Note: Group proportions may total to larger than one-hundred percent due to rounding. All statistics are calculated with demographic post-stratification weights applied.

