



National Tracking Poll #190614
June 06-09, 2019

Crosstabulation Results

Methodology:

This poll was conducted between June 6-June 9, 2019 among a national sample of 2200 Adults. The interviews were conducted online and the data were weighted to approximate a target sample of Adults based on age, educational attainment, gender, race, and region. Results from the full survey have a margin of error of plus or minus 2 percentage points.

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Crosstabulation Results by Respondent Demographics

Table RES1: Did you make a 2019 New Year's resolution?

Demographic	Yes	No	Total N
Adults	32% (714)	68% (1486)	2200
Gender: Male	32% (336)	68% (726)	1062
Gender: Female	33% (378)	67% (760)	1138
Age: 18-29	53% (251)	47% (226)	478
Age: 30-44	38% (204)	62% (331)	535
Age: 45-54	24% (93)	76% (294)	387
Age: 55-64	25% (90)	75% (274)	364
Age: 65+	17% (76)	83% (360)	436
Generation Z: 18-22	54% (129)	46% (111)	240
Millennial: Age 23-38	45% (256)	55% (315)	571
Generation X: Age 39-54	28% (164)	72% (425)	589
Boomers: Age 55-73	22% (158)	78% (547)	705
PID: Dem (no lean)	34% (251)	66% (490)	741
PID: Ind (no lean)	33% (257)	67% (532)	789
PID: Rep (no lean)	31% (207)	69% (463)	670
PID/Gender: Dem Men	34% (106)	66% (208)	315
PID/Gender: Dem Women	34% (144)	66% (282)	426
PID/Gender: Ind Men	29% (115)	71% (286)	402
PID/Gender: Ind Women	37% (141)	63% (246)	387
PID/Gender: Rep Men	33% (114)	67% (231)	346
PID/Gender: Rep Women	29% (93)	71% (232)	325
Ideo: Liberal (1-3)	38% (247)	62% (403)	650
Ideo: Moderate (4)	30% (149)	70% (347)	496
Ideo: Conservative (5-7)	27% (197)	73% (534)	731
Educ: < College	33% (502)	67% (1010)	1512
Educ: Bachelors degree	31% (137)	69% (307)	444
Educ: Post-grad	31% (75)	69% (169)	244

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Table RES1: Did you make a 2019 New Year's resolution?

Demographic	Yes	No	Total N
Adults	32% (714)	68% (1486)	2200
Income: Under 50k	34% (428)	66% (822)	1250
Income: 50k-100k	29% (194)	71% (472)	666
Income: 100k+	33% (93)	67% (192)	284
Ethnicity: White	30% (522)	70% (1200)	1722
Ethnicity: Hispanic	37% (130)	63% (219)	349
Ethnicity: Afr. Am.	39% (107)	61% (167)	274
Ethnicity: Other	42% (85)	58% (119)	204
All Christian	30% (279)	70% (651)	930
All Non-Christian	40% (37)	60% (56)	92
Atheist	29% (31)	71% (78)	110
Agnostic/Nothing in particular	34% (367)	66% (701)	1068
Religious Non-Protestant/Catholic	42% (48)	58% (66)	115
Evangelical	32% (188)	68% (407)	596
Non-Evangelical	32% (263)	68% (556)	819
Community: Urban	36% (186)	64% (327)	513
Community: Suburban	33% (351)	67% (707)	1057
Community: Rural	28% (178)	72% (452)	630
Employ: Private Sector	34% (222)	66% (423)	644
Employ: Government	35% (45)	65% (85)	131
Employ: Self-Employed	38% (73)	62% (116)	189
Employ: Homemaker	35% (49)	65% (91)	140
Employ: Student	56% (65)	44% (51)	116
Employ: Retired	17% (84)	83% (415)	499
Employ: Unemployed	33% (84)	67% (167)	251
Employ: Other	40% (92)	60% (137)	229
Military HH: Yes	31% (117)	69% (258)	376
Military HH: No	33% (597)	67% (1227)	1824
RD/WT: Right Direction	32% (274)	68% (571)	845
RD/WT: Wrong Track	32% (440)	68% (915)	1355
Trump Job Approve	31% (272)	69% (618)	889
Trump Job Disapprove	33% (393)	67% (786)	1179

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Table RES1: Did you make a 2019 New Year's resolution?

Demographic	Yes	No	Total N
Adults	32% (714)	68% (1486)	2200
Trump Job Strongly Approve	29% (132)	71% (326)	458
Trump Job Somewhat Approve	32% (140)	68% (292)	431
Trump Job Somewhat Disapprove	36% (99)	64% (173)	272
Trump Job Strongly Disapprove	32% (295)	68% (613)	907
Favorable of Trump	31% (275)	69% (612)	887
Unfavorable of Trump	33% (386)	67% (773)	1159
Very Favorable of Trump	29% (148)	71% (360)	508
Somewhat Favorable of Trump	33% (127)	67% (252)	379
Somewhat Unfavorable of Trump	34% (75)	66% (145)	220
Very Unfavorable of Trump	33% (310)	67% (629)	939
#1 Issue: Economy	35% (209)	65% (383)	591
#1 Issue: Security	29% (122)	71% (293)	414
#1 Issue: Health Care	30% (101)	70% (239)	340
#1 Issue: Medicare / Social Security	24% (68)	76% (217)	286
#1 Issue: Women's Issues	48% (86)	52% (93)	179
#1 Issue: Education	42% (65)	58% (91)	156
#1 Issue: Energy	27% (28)	73% (75)	104
#1 Issue: Other	28% (36)	72% (94)	130
2018 House Vote: Democrat	31% (241)	69% (531)	772
2018 House Vote: Republican	28% (197)	72% (494)	690
2018 House Vote: Someone else	30% (35)	70% (81)	116
2018 House Vote: Didn't Vote	39% (239)	61% (379)	618
2016 Vote: Hillary Clinton	31% (205)	69% (456)	661
2016 Vote: Donald Trump	27% (188)	73% (499)	688
2016 Vote: Someone else	31% (64)	69% (143)	207
2016 Vote: Didn't Vote	40% (256)	60% (383)	639
Voted in 2014: Yes	29% (393)	71% (979)	1372
Voted in 2014: No	39% (321)	61% (507)	828
2012 Vote: Barack Obama	30% (236)	70% (548)	783
2012 Vote: Mitt Romney	24% (130)	76% (412)	542
2012 Vote: Other	24% (21)	76% (67)	88
2012 Vote: Didn't Vote	42% (325)	58% (453)	777

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Table RES1: *Did you make a 2019 New Year's resolution?*

Demographic	Yes		No		Total N
Adults	32%	(714)	68%	(1486)	2200
4-Region: Northeast	31%	(122)	69%	(271)	394
4-Region: Midwest	31%	(143)	69%	(320)	462
4-Region: South	33%	(268)	67%	(556)	824
4-Region: West	35%	(181)	65%	(339)	520

Note: Row proportions may total to larger than one-hundred percent due to rounding. For more information visit MorningConsultIntelligence.com.

Table RES2: *When it comes to your 2019 New Year's resolution, have you kept or broken it?*

Demographic	I have kept it		I have broken it		Total N
Adults	63%	(449)	37%	(265)	714
Gender: Male	67%	(226)	33%	(110)	336
Gender: Female	59%	(224)	41%	(155)	378
Age: 18-29	68%	(170)	32%	(81)	251
Age: 30-44	60%	(123)	40%	(81)	204
Age: 45-54	61%	(57)	39%	(37)	93
Age: 55-64	55%	(49)	45%	(40)	90
Age: 65+	66%	(51)	34%	(26)	76
Generation Z: 18-22	70%	(90)	30%	(39)	129
Millennial: Age 23-38	60%	(153)	40%	(103)	256
Generation X: Age 39-54	65%	(107)	35%	(57)	164
Boomers: Age 55-73	59%	(93)	41%	(65)	158
PID: Dem (no lean)	61%	(154)	39%	(97)	251
PID: Ind (no lean)	65%	(167)	35%	(89)	257
PID: Rep (no lean)	62%	(128)	38%	(79)	207
PID/Gender: Dem Men	62%	(66)	38%	(41)	106
PID/Gender: Dem Women	61%	(88)	39%	(56)	144
PID/Gender: Ind Men	72%	(84)	28%	(32)	115
PID/Gender: Ind Women	59%	(84)	41%	(58)	141
PID/Gender: Rep Men	67%	(77)	33%	(38)	114
PID/Gender: Rep Women	56%	(52)	44%	(41)	93
Ideo: Liberal (1-3)	60%	(149)	40%	(98)	247
Ideo: Moderate (4)	69%	(103)	31%	(46)	149
Ideo: Conservative (5-7)	61%	(120)	39%	(77)	197
Educ: < College	61%	(308)	39%	(194)	502
Educ: Bachelors degree	65%	(89)	35%	(48)	137
Educ: Post-grad	69%	(52)	31%	(23)	75
Income: Under 50k	59%	(252)	41%	(175)	428
Income: 50k-100k	67%	(130)	33%	(63)	194
Income: 100k+	72%	(67)	28%	(26)	93

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Table RES2: *When it comes to your 2019 New Year's resolution, have you kept or broken it?*

Demographic	I have kept it		I have broken it		Total N
Adults	63%	(449)	37%	(265)	714
Ethnicity: White	63%	(326)	37%	(196)	522
Ethnicity: Hispanic	66%	(86)	34%	(45)	130
Ethnicity: Afr. Am.	66%	(71)	34%	(36)	107
Ethnicity: Other	61%	(52)	39%	(33)	85
All Christian	62%	(174)	38%	(105)	279
Agnostic/Nothing in particular	61%	(225)	39%	(142)	367
Evangelical	59%	(112)	41%	(77)	188
Non-Evangelical	64%	(169)	36%	(94)	263
Community: Urban	68%	(127)	32%	(59)	186
Community: Suburban	63%	(223)	37%	(128)	351
Community: Rural	56%	(100)	44%	(78)	178
Employ: Private Sector	66%	(147)	34%	(75)	222
Employ: Self-Employed	71%	(52)	29%	(21)	73
Employ: Student	67%	(43)	33%	(22)	65
Employ: Retired	61%	(51)	39%	(33)	84
Employ: Unemployed	60%	(50)	40%	(34)	84
Employ: Other	56%	(51)	44%	(41)	92
Military HH: Yes	62%	(72)	38%	(45)	117
Military HH: No	63%	(377)	37%	(220)	597
RD/WT: Right Direction	62%	(171)	38%	(103)	274
RD/WT: Wrong Track	63%	(278)	37%	(162)	440
Trump Job Approve	64%	(174)	36%	(98)	272
Trump Job Disapprove	63%	(249)	37%	(144)	393
Trump Job Strongly Approve	62%	(81)	38%	(51)	132
Trump Job Somewhat Approve	66%	(92)	34%	(48)	140
Trump Job Somewhat Disapprove	58%	(57)	42%	(42)	99
Trump Job Strongly Disapprove	65%	(192)	35%	(102)	295
Favorable of Trump	61%	(169)	39%	(106)	275
Unfavorable of Trump	63%	(243)	37%	(142)	386

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Table RES2: *When it comes to your 2019 New Year's resolution, have you kept or broken it?*

Demographic	I have kept it		I have broken it		Total N
Adults	63%	(449)	37%	(265)	714
Very Favorable of Trump	60%	(89)	40%	(59)	148
Somewhat Favorable of Trump	63%	(79)	37%	(47)	127
Somewhat Unfavorable of Trump	65%	(49)	35%	(26)	75
Very Unfavorable of Trump	63%	(195)	37%	(116)	310
#1 Issue: Economy	65%	(136)	35%	(72)	209
#1 Issue: Security	65%	(79)	35%	(42)	122
#1 Issue: Health Care	65%	(66)	35%	(35)	101
#1 Issue: Medicare / Social Security	47%	(32)	53%	(36)	68
#1 Issue: Women's Issues	58%	(50)	42%	(36)	86
#1 Issue: Education	61%	(40)	39%	(25)	65
2018 House Vote: Democrat	62%	(148)	38%	(93)	241
2018 House Vote: Republican	65%	(128)	35%	(68)	197
2018 House Vote: Didnt Vote	63%	(151)	37%	(88)	239
2016 Vote: Hillary Clinton	59%	(120)	41%	(84)	205
2016 Vote: Donald Trump	64%	(121)	36%	(67)	188
2016 Vote: Someone else	61%	(39)	39%	(25)	64
2016 Vote: Didnt Vote	66%	(169)	34%	(87)	256
Voted in 2014: Yes	63%	(246)	37%	(147)	393
Voted in 2014: No	63%	(204)	37%	(118)	321
2012 Vote: Barack Obama	66%	(155)	34%	(81)	236
2012 Vote: Mitt Romney	64%	(83)	36%	(47)	130
2012 Vote: Didn't Vote	61%	(200)	39%	(125)	325
4-Region: Northeast	62%	(76)	38%	(47)	122
4-Region: Midwest	65%	(92)	35%	(51)	143
4-Region: South	63%	(169)	37%	(99)	268
4-Region: West	62%	(113)	38%	(68)	181

Note: Row proportions may total to larger than one-hundred percent due to rounding. For more information visit MorningConsultIntelligence.com.

Respondent Demographics Summary

Summary Statistics of Survey Respondent Demographics

Demographic	Group	Frequency	Percentage
xdemAll	Adults	2200	100%
xdemGender	Gender: Male	1062	48%
	Gender: Female	1138	52%
	N	2200	
age5	Age: 18-29	478	22%
	Age: 30-44	535	24%
	Age: 45-54	387	18%
	Age: 55-64	364	17%
	Age: 65+	436	20%
	N	2200	
demAgeGeneration	Generation Z: 18-22	240	11%
	Millennial: Age 23-38	571	26%
	Generation X: Age 39-54	589	27%
	Boomers: Age 55-73	705	32%
	N	2105	
xpid3	PID: Dem (no lean)	741	34%
	PID: Ind (no lean)	789	36%
	PID: Rep (no lean)	670	30%
	N	2200	
xpidGender	PID/Gender: Dem Men	315	14%
	PID/Gender: Dem Women	426	19%
	PID/Gender: Ind Men	402	18%
	PID/Gender: Ind Women	387	18%
	PID/Gender: Rep Men	346	16%
	PID/Gender: Rep Women	325	15%
	N	2200	
xdemIdeo3	Ideo: Liberal (1-3)	650	30%
	Ideo: Moderate (4)	496	23%
	Ideo: Conservative (5-7)	731	33%
	N	1876	
xeduc3	Educ: < College	1512	69%
	Educ: Bachelors degree	444	20%
	Educ: Post-grad	244	11%
	N	2200	

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Summary Statistics of Survey Respondent Demographics

Demographic	Group	Frequency	Percentage
xdemInc3	Income: Under 50k	1250	57%
	Income: 50k-100k	666	30%
	Income: 100k+	284	13%
	N	2200	
xdemWhite	Ethnicity: White	1722	78%
xdemHispBin	Ethnicity: Hispanic	349	16%
demBlackBin	Ethnicity: Afr. Am.	274	12%
demRaceOther	Ethnicity: Other	204	9%
xdemReligion	All Christian	930	42%
	All Non-Christian	92	4%
	Atheist	110	5%
	Agnostic/Nothing in particular	1068	49%
	N	2200	
xdemReligOther	Religious Non-Protestant/Catholic	115	5%
xdemEvang	Evangelical	596	27%
	Non-Evangelical	819	37%
	N	1414	
xdemUsr	Community: Urban	513	23%
	Community: Suburban	1057	48%
	Community: Rural	630	29%
	N	2200	
xdemEmploy	Employ: Private Sector	644	29%
	Employ: Government	131	6%
	Employ: Self-Employed	189	9%
	Employ: Homemaker	140	6%
	Employ: Student	116	5%
	Employ: Retired	499	23%
	Employ: Unemployed	251	11%
	Employ: Other	229	10%
	N	2200	
xdemMilHH1	Military HH: Yes	376	17%
	Military HH: No	1824	83%
	N	2200	
xnrl	RD/WT: Right Direction	845	38%
	RD/WT: Wrong Track	1355	62%
	N	2200	

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Summary Statistics of Survey Respondent Demographics

Demographic	Group	Frequency	Percentage
Trump_Approve	Trump Job Approve	889	40%
	Trump Job Disapprove	1179	54%
	N	2068	
Trump_Approve2	Trump Job Strongly Approve	458	21%
	Trump Job Somewhat Approve	431	20%
	Trump Job Somewhat Disapprove	272	12%
	Trump Job Strongly Disapprove	907	41%
	N	2068	
Trump_Fav	Favorable of Trump	887	40%
	Unfavorable of Trump	1159	53%
	N	2045	
Trump_Fav_FULL	Very Favorable of Trump	508	23%
	Somewhat Favorable of Trump	379	17%
	Somewhat Unfavorable of Trump	220	10%
	Very Unfavorable of Trump	939	43%
	N	2045	
xnr3	#1 Issue: Economy	591	27%
	#1 Issue: Security	414	19%
	#1 Issue: Health Care	340	15%
	#1 Issue: Medicare / Social Security	286	13%
	#1 Issue: Women's Issues	179	8%
	#1 Issue: Education	156	7%
	#1 Issue: Energy	104	5%
	#1 Issue: Other	130	6%
	N	2200	
xsubVote18O	2018 House Vote: Democrat	772	35%
	2018 House Vote: Republican	690	31%
	2018 House Vote: Someone else	116	5%
	2018 House Vote: Didnt Vote	618	28%
	N	2196	
xsubVote16O	2016 Vote: Hillary Clinton	661	30%
	2016 Vote: Donald Trump	688	31%
	2016 Vote: Someone else	207	9%
	2016 Vote: Didnt Vote	639	29%
	N	2195	
xsubVote14O	Voted in 2014: Yes	1372	62%
	Voted in 2014: No	828	38%
	N	2200	

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Summary Statistics of Survey Respondent Demographics

Demographic	Group	Frequency	Percentage
xsubVote12O	2012 Vote: Barack Obama	783	36%
	2012 Vote: Mitt Romney	542	25%
	2012 Vote: Other	88	4%
	2012 Vote: Didn't Vote	777	35%
	N	2191	
xreg4	4-Region: Northeast	394	18%
	4-Region: Midwest	462	21%
	4-Region: South	824	37%
	4-Region: West	520	24%
	N	2200	

Note: Group proportions may total to larger than one-hundred percent due to rounding. All statistics are calculated with demographic post-stratification weights applied.

