



National Tracking Poll #190911
September 05-07, 2019

Crosstabulation Results

Methodology:

This poll was conducted between September 5-September 7, 2019 among a national sample of 2200 Adults. The interviews were conducted online and the data were weighted to approximate a target sample of Adults based on age, educational attainment, gender, race, and region. Results from the full survey have a margin of error of plus or minus 2 percentage points.

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Crosstabulation Results by Respondent Demographics

Table RES1: *Did you make a 2019 New Year's resolution?*

Demographic	Yes		No		Total N
Adults	34%	(756)	66%	(1444)	2200
Gender: Male	35%	(376)	65%	(686)	1062
Gender: Female	33%	(380)	67%	(758)	1138
Age: 18-29	51%	(241)	49%	(230)	471
Age: 30-44	45%	(242)	55%	(299)	541
Age: 45-54	31%	(118)	69%	(257)	375
Age: 55-64	23%	(86)	77%	(290)	376
Age: 65+	16%	(68)	84%	(368)	436
Generation Z: 18-22	50%	(82)	50%	(82)	164
Millennial: Age 23-38	50%	(319)	50%	(318)	638
Generation X: Age 39-54	34%	(200)	66%	(386)	586
Boomers: Age 55-73	20%	(140)	80%	(571)	711
PID: Dem (no lean)	38%	(285)	62%	(470)	755
PID: Ind (no lean)	32%	(241)	68%	(520)	761
PID: Rep (no lean)	34%	(230)	66%	(455)	685
PID/Gender: Dem Men	42%	(146)	58%	(201)	347
PID/Gender: Dem Women	34%	(138)	66%	(269)	408
PID/Gender: Ind Men	30%	(110)	70%	(255)	365
PID/Gender: Ind Women	33%	(131)	67%	(264)	396
PID/Gender: Rep Men	34%	(120)	66%	(230)	350
PID/Gender: Rep Women	33%	(110)	67%	(225)	335
Ideo: Liberal (1-3)	39%	(229)	61%	(357)	587
Ideo: Moderate (4)	36%	(178)	64%	(317)	495
Ideo: Conservative (5-7)	32%	(246)	68%	(515)	761
Educ: < College	33%	(501)	67%	(1011)	1512
Educ: Bachelors degree	38%	(166)	62%	(277)	444
Educ: Post-grad	36%	(88)	64%	(156)	244

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Table RES1: Did you make a 2019 New Year's resolution?

Demographic	Yes	No	Total N
Adults	34% (756)	66% (1444)	2200
Income: Under 50k	33% (439)	67% (884)	1323
Income: 50k-100k	35% (225)	65% (416)	641
Income: 100k+	39% (91)	61% (145)	236
Ethnicity: White	30% (525)	70% (1197)	1722
Ethnicity: Hispanic	49% (172)	51% (178)	349
Ethnicity: Afr. Am.	47% (129)	53% (146)	274
Ethnicity: Other	50% (102)	50% (102)	204
All Christian	31% (302)	69% (663)	965
All Non-Christian	39% (42)	61% (67)	109
Atheist	33% (30)	67% (62)	92
Agnostic/Nothing in particular	37% (381)	63% (653)	1034
Religious Non-Protestant/Catholic	44% (64)	56% (81)	145
Evangelical	34% (207)	66% (402)	610
Non-Evangelical	33% (241)	67% (497)	738
Community: Urban	39% (230)	61% (356)	586
Community: Suburban	34% (333)	66% (639)	972
Community: Rural	30% (193)	70% (449)	642
Employ: Private Sector	38% (253)	62% (408)	661
Employ: Government	43% (48)	57% (64)	112
Employ: Self-Employed	47% (87)	53% (99)	186
Employ: Homemaker	40% (76)	60% (116)	192
Employ: Retired	17% (87)	83% (412)	499
Employ: Unemployed	34% (87)	66% (167)	254
Employ: Other	34% (72)	66% (140)	212
Military HH: Yes	29% (103)	71% (251)	354
Military HH: No	35% (652)	65% (1194)	1846
RD/WT: Right Direction	35% (318)	65% (586)	905
RD/WT: Wrong Track	34% (437)	66% (858)	1295
Trump Job Approve	34% (311)	66% (605)	916
Trump Job Disapprove	36% (417)	64% (739)	1156

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Table RES1: Did you make a 2019 New Year's resolution?

Demographic	Yes	No	Total N
Adults	34% (756)	66% (1444)	2200
Trump Job Strongly Approve	34% (177)	66% (350)	527
Trump Job Somewhat Approve	34% (133)	66% (255)	389
Trump Job Somewhat Disapprove	44% (115)	56% (149)	264
Trump Job Strongly Disapprove	34% (302)	66% (590)	893
Favorable of Trump	34% (304)	66% (603)	906
Unfavorable of Trump	35% (393)	65% (715)	1108
Very Favorable of Trump	33% (186)	67% (372)	558
Somewhat Favorable of Trump	34% (118)	66% (230)	349
Somewhat Unfavorable of Trump	39% (75)	61% (116)	191
Very Unfavorable of Trump	35% (318)	65% (599)	917
#1 Issue: Economy	40% (224)	60% (334)	558
#1 Issue: Security	31% (139)	69% (308)	447
#1 Issue: Health Care	34% (122)	66% (233)	354
#1 Issue: Medicare / Social Security	18% (62)	82% (273)	335
#1 Issue: Women's Issues	48% (66)	52% (71)	137
#1 Issue: Education	45% (53)	55% (66)	119
#1 Issue: Energy	41% (54)	59% (77)	131
#1 Issue: Other	31% (37)	69% (82)	119
2018 House Vote: Democrat	37% (289)	63% (495)	784
2018 House Vote: Republican	32% (210)	68% (450)	661
2018 House Vote: Someone else	38% (36)	62% (59)	95
2016 Vote: Hillary Clinton	36% (253)	64% (442)	695
2016 Vote: Donald Trump	30% (200)	70% (474)	674
2016 Vote: Other	35% (54)	65% (99)	153
2016 Vote: Didn't Vote	37% (247)	63% (426)	673
Voted in 2014: Yes	33% (431)	67% (889)	1320
Voted in 2014: No	37% (324)	63% (556)	880
2012 Vote: Barack Obama	35% (292)	65% (543)	836
2012 Vote: Mitt Romney	30% (153)	70% (358)	510
2012 Vote: Other	31% (25)	69% (57)	82
2012 Vote: Didn't Vote	37% (285)	63% (484)	769

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Table RES1: *Did you make a 2019 New Year's resolution?*

Demographic	Yes		No		Total N
Adults	34%	(756)	66%	(1444)	2200
4-Region: Northeast	30%	(118)	70%	(275)	394
4-Region: Midwest	32%	(146)	68%	(316)	462
4-Region: South	35%	(287)	65%	(537)	824
4-Region: West	39%	(204)	61%	(316)	520

Note: Row proportions may total to larger than one-hundred percent due to rounding. For more information visit MorningConsultIntelligence.com.

Table RES2: *When it comes to your 2019 New Year's resolution, have you kept or broken it?*

Demographic	I have kept it		I have broken it		Total N
Adults	63%	(476)	37%	(280)	756
Gender: Male	71%	(265)	29%	(111)	376
Gender: Female	55%	(211)	45%	(169)	380
Age: 18-29	60%	(146)	40%	(96)	241
Age: 30-44	62%	(150)	38%	(92)	242
Age: 45-54	62%	(73)	38%	(45)	118
Age: 55-64	69%	(59)	31%	(27)	86
Age: 65+	70%	(48)	30%	(20)	68
Generation Z: 18-22	67%	(55)	33%	(27)	82
Millennial: Age 23-38	58%	(186)	42%	(134)	319
Generation X: Age 39-54	64%	(128)	36%	(72)	200
Boomers: Age 55-73	68%	(95)	32%	(45)	140
PID: Dem (no lean)	58%	(166)	42%	(119)	285
PID: Ind (no lean)	67%	(161)	33%	(80)	241
PID: Rep (no lean)	64%	(148)	36%	(82)	230
PID/Gender: Dem Men	64%	(94)	36%	(53)	146
PID/Gender: Dem Women	52%	(72)	48%	(66)	138
PID/Gender: Ind Men	74%	(81)	26%	(29)	110
PID/Gender: Ind Women	61%	(80)	39%	(51)	131
PID/Gender: Rep Men	75%	(90)	25%	(30)	120
PID/Gender: Rep Women	53%	(58)	47%	(52)	110
Ideo: Liberal (1-3)	60%	(137)	40%	(92)	229
Ideo: Moderate (4)	66%	(116)	34%	(61)	178
Ideo: Conservative (5-7)	67%	(166)	33%	(81)	246
Educ: < College	63%	(314)	37%	(187)	501
Educ: Bachelors degree	64%	(106)	36%	(60)	166
Educ: Post-grad	63%	(55)	37%	(33)	88
Income: Under 50k	60%	(265)	40%	(174)	439
Income: 50k-100k	66%	(148)	34%	(78)	225
Income: 100k+	69%	(63)	31%	(29)	91

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Table RES2: *When it comes to your 2019 New Year's resolution, have you kept or broken it?*

Demographic	I have kept it		I have broken it		Total N
Adults	63%	(476)	37%	(280)	756
Ethnicity: White	63%	(330)	37%	(195)	525
Ethnicity: Hispanic	72%	(123)	28%	(48)	172
Ethnicity: Afr. Am.	59%	(76)	41%	(52)	129
Ethnicity: Other	68%	(69)	32%	(33)	102
All Christian	64%	(193)	36%	(109)	302
Agnostic/Nothing in particular	61%	(234)	39%	(147)	381
Religious Non-Protestant/Catholic	68%	(44)	32%	(20)	64
Evangelical	67%	(139)	33%	(68)	207
Non-Evangelical	64%	(155)	36%	(86)	241
Community: Urban	62%	(142)	38%	(88)	230
Community: Suburban	63%	(209)	37%	(124)	333
Community: Rural	65%	(125)	35%	(69)	193
Employ: Private Sector	67%	(169)	33%	(83)	253
Employ: Self-Employed	62%	(54)	38%	(33)	87
Employ: Homemaker	64%	(49)	36%	(28)	76
Employ: Retired	61%	(53)	39%	(34)	87
Employ: Unemployed	44%	(39)	56%	(48)	87
Employ: Other	63%	(46)	37%	(26)	72
Military HH: Yes	71%	(74)	29%	(29)	103
Military HH: No	62%	(402)	38%	(251)	652
RD/WT: Right Direction	70%	(223)	30%	(96)	318
RD/WT: Wrong Track	58%	(253)	42%	(185)	437
Trump Job Approve	68%	(213)	32%	(98)	311
Trump Job Disapprove	59%	(246)	41%	(171)	417
Trump Job Strongly Approve	72%	(127)	28%	(50)	177
Trump Job Somewhat Approve	64%	(85)	36%	(48)	133
Trump Job Somewhat Disapprove	71%	(82)	29%	(33)	115
Trump Job Strongly Disapprove	54%	(164)	46%	(138)	302
Favorable of Trump	69%	(209)	31%	(95)	304
Unfavorable of Trump	57%	(225)	43%	(168)	393

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Table RES2: *When it comes to your 2019 New Year's resolution, have you kept or broken it?*

Demographic	I have kept it		I have broken it		Total N
Adults	63%	(476)	37%	(280)	756
Very Favorable of Trump	70%	(130)	30%	(55)	186
Somewhat Favorable of Trump	67%	(79)	33%	(39)	118
Somewhat Unfavorable of Trump	73%	(55)	27%	(20)	75
Very Unfavorable of Trump	54%	(171)	46%	(147)	318
#1 Issue: Economy	60%	(134)	40%	(90)	224
#1 Issue: Security	75%	(104)	25%	(35)	139
#1 Issue: Health Care	50%	(61)	50%	(61)	122
#1 Issue: Medicare / Social Security	65%	(40)	35%	(21)	62
#1 Issue: Women's Issues	57%	(38)	43%	(29)	66
#1 Issue: Education	67%	(35)	33%	(18)	53
#1 Issue: Energy	64%	(34)	36%	(19)	54
2018 House Vote: Democrat	63%	(182)	37%	(107)	289
2018 House Vote: Republican	67%	(140)	33%	(70)	210
2016 Vote: Hillary Clinton	64%	(162)	36%	(91)	253
2016 Vote: Donald Trump	70%	(140)	30%	(60)	200
2016 Vote: Other	74%	(40)	26%	(14)	54
2016 Vote: Didn't Vote	54%	(133)	46%	(114)	247
Voted in 2014: Yes	67%	(288)	33%	(144)	431
Voted in 2014: No	58%	(188)	42%	(136)	324
2012 Vote: Barack Obama	64%	(188)	36%	(104)	292
2012 Vote: Mitt Romney	67%	(103)	33%	(50)	153
2012 Vote: Didn't Vote	58%	(165)	42%	(119)	285
4-Region: Northeast	65%	(77)	35%	(41)	118
4-Region: Midwest	57%	(84)	43%	(62)	146
4-Region: South	63%	(182)	37%	(106)	287
4-Region: West	65%	(133)	35%	(71)	204

Note: Row proportions may total to larger than one-hundred percent due to rounding. For more information visit MorningConsultIntelligence.com.

Respondent Demographics Summary

Summary Statistics of Survey Respondent Demographics

Demographic	Group	Frequency	Percentage
xdemAll	Adults	2200	100%
xdemGender	Gender: Male	1062	48%
	Gender: Female	1138	52%
	N	2200	
age5	Age: 18-29	471	21%
	Age: 30-44	541	25%
	Age: 45-54	375	17%
	Age: 55-64	376	17%
	Age: 65+	436	20%
	N	2200	
demAgeGeneration	Generation Z: 18-22	164	7%
	Millennial: Age 23-38	638	29%
	Generation X: Age 39-54	586	27%
	Boomers: Age 55-73	711	32%
	N	2099	
xpid3	PID: Dem (no lean)	755	34%
	PID: Ind (no lean)	761	35%
	PID: Rep (no lean)	685	31%
	N	2200	
xpidGender	PID/Gender: Dem Men	347	16%
	PID/Gender: Dem Women	408	19%
	PID/Gender: Ind Men	365	17%
	PID/Gender: Ind Women	396	18%
	PID/Gender: Rep Men	350	16%
	PID/Gender: Rep Women	335	15%
	N	2200	
xdemIdeo3	Ideo: Liberal (1-3)	587	27%
	Ideo: Moderate (4)	495	23%
	Ideo: Conservative (5-7)	761	35%
	N	1843	
xeduc3	Educ: < College	1512	69%
	Educ: Bachelors degree	444	20%
	Educ: Post-grad	244	11%
	N	2200	

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Summary Statistics of Survey Respondent Demographics

Demographic	Group	Frequency	Percentage
xdemInc3	Income: Under 50k	1323	60%
	Income: 50k-100k	641	29%
	Income: 100k+	236	11%
	N	2200	
xdemWhite	Ethnicity: White	1722	78%
xdemHispBin	Ethnicity: Hispanic	349	16%
demBlackBin	Ethnicity: Afr. Am.	274	12%
demRaceOther	Ethnicity: Other	204	9%
xdemReligion	All Christian	965	44%
	All Non-Christian	109	5%
	Atheist	92	4%
	Agnostic/Nothing in particular	1034	47%
	N	2200	
xdemReligOther	Religious Non-Protestant/Catholic	145	7%
xdemEvang	Evangelical	610	28%
	Non-Evangelical	738	34%
	N	1348	
xdemUsr	Community: Urban	586	27%
	Community: Suburban	972	44%
	Community: Rural	642	29%
	N	2200	
xdemEmploy	Employ: Private Sector	661	30%
	Employ: Government	112	5%
	Employ: Self-Employed	186	8%
	Employ: Homemaker	192	9%
	Employ: Retired	499	23%
	Employ: Unemployed	254	12%
	Employ: Other	212	10%
	N	2116	
xdemMilHH1	Military HH: Yes	354	16%
	Military HH: No	1846	84%
	N	2200	
xnrl	RD/WT: Right Direction	905	41%
	RD/WT: Wrong Track	1295	59%
	N	2200	

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Summary Statistics of Survey Respondent Demographics

Demographic	Group	Frequency	Percentage
Trump_Approve	Trump Job Approve	916	42%
	Trump Job Disapprove	1156	53%
	N	2072	
Trump_Approve2	Trump Job Strongly Approve	527	24%
	Trump Job Somewhat Approve	389	18%
	Trump Job Somewhat Disapprove	264	12%
	Trump Job Strongly Disapprove	893	41%
	N	2072	
Trump_Fav	Favorable of Trump	906	41%
	Unfavorable of Trump	1108	50%
	N	2015	
Trump_Fav_FULL	Very Favorable of Trump	558	25%
	Somewhat Favorable of Trump	349	16%
	Somewhat Unfavorable of Trump	191	9%
	Very Unfavorable of Trump	917	42%
	N	2015	
xnr3	#1 Issue: Economy	558	25%
	#1 Issue: Security	447	20%
	#1 Issue: Health Care	354	16%
	#1 Issue: Medicare / Social Security	335	15%
	#1 Issue: Women's Issues	137	6%
	#1 Issue: Education	119	5%
	#1 Issue: Energy	131	6%
	#1 Issue: Other	119	5%
	N	2200	
xsubVote18O	2018 House Vote: Democrat	784	36%
	2018 House Vote: Republican	661	30%
	2018 House Vote: Someone else	95	4%
	N	1540	
xsubVote16O	2016 Vote: Hillary Clinton	695	32%
	2016 Vote: Donald Trump	674	31%
	2016 Vote: Other	153	7%
	2016 Vote: Didn't Vote	673	31%
	N	2195	
xsubVote14O	Voted in 2014: Yes	1320	60%
	Voted in 2014: No	880	40%
	N	2200	

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Summary Statistics of Survey Respondent Demographics

Demographic	Group	Frequency	Percentage
xsubVote12O	2012 Vote: Barack Obama	836	38%
	2012 Vote: Mitt Romney	510	23%
	2012 Vote: Other	82	4%
	2012 Vote: Didn't Vote	769	35%
	N	2197	
xreg4	4-Region: Northeast	394	18%
	4-Region: Midwest	462	21%
	4-Region: South	824	37%
	4-Region: West	520	24%
	N	2200	

Note: Group proportions may total to larger than one-hundred percent due to rounding. All statistics are calculated with demographic post-stratification weights applied.

